

**Volunteer
calgary**

the value of one... the power of many.



Weekly Volunteer Highlights

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WEEK OF JANUARY 11

<p>ACT NOW! Don't let this be something you wished you had done. Volunteer with Bethany Lifeline. Contact Wendy at 403-210-4667.</p>	<p>JOIN THE TEAM! Cerebral Palsy Association needs volunteers to form their Gala Committee. Call Natasha at 403- 543-1161.</p>
<p>GOOD LISTENER? The Distress Center of Calgary and Center for Gender & Sexual Diversity need your help with providing peer support on the crisis line. Call Karen at 403-266-1601 x 3024.</p>	<p>LEGAL AID. The Elizabeth Fry Society of Calgary needs an Adult Court Volunteer to approach people appearing in court and provide them with basic legal information, referrals, and support. Call Lindsay at 403- 297-6043.</p>
<p>CHANGE A LIFE. Volunteer at Intercare Chinook Hospice. Reception or in a Life Enrichment Program. Call Jennifer at 252-0620 for information.</p>	<p>SPREAD THE WORD. AIDS Calgary Awareness Association needs a Director for their Board to help further the mission of this group. Call Nikhat at 403- 508-2500.</p>
<p>ELECTRICAL OR MECHANICAL ENGINEER? Volunteer as a Tech Expert at TELUS World of Science TECHhead 2010. Great for new grads. Contact Cheri 403.268.8339</p>	<p>EVENT ASSISTANTS NEEDED. Help out at professional development seminars/conferences for the Alliance to End Violence. Call Barb at 403-283-3013.</p>
<p>GOTTA LOVE GIFTS Emily's Window Giftshop at the Alberta Children's Hospital needs people to assist customers and process sales transactions. All proceeds support the hospital. Call Becky at 403-955-7885.</p>	<p>DRAMA QUEEN (OR KING)? Secretary needed on Board of Directors for StoryBook Theatre Society to take minutes and provide admin support. Call Kali at 403- 216-0808.</p>
<p>BE ENVIRO FRIENDLY! Green Calgary looking for community leaders to join their Board of Directors to help make Calgary a greener place. Call Natalie at 403-230-1443 for more information.</p>	<p>NOTE TAKER EXTRAORDINAIRE? Volunteer as a secretary for the United Nations Association in Canada to take notes and organize documents. Contact Kali at unac.calgary@gmail.com.</p>
<p>RETAIL EXPERIENCE? Then volunteer at the YWCA to help lead and conduct an inventory of current donations and to help sort and manage in-kind donations. Call Christine at 403-294-3663.</p>	<p>WANT TO MAKE A DIFFERENCE? Center for Gender & Sexual Diversity need board members to join their fabulous team. LGBT community member or strong ally! Contact Melissa at mlluhtan@ucalgary.ca</p>
<p>CALLING ON YOGA FANS. The Multiple Sclerosis Society of Canada needs people to help with handing out and packing up equipment, and helping clients who have MS with yoga movements, and learn some yourself! Call Marie at 403-250-7090.</p>	<p>DATA GURU? Scouts Canada needs a volunteer to enter application data from paper forms on to a web based membership system during the day. Call Susan at 403-283-4993.</p>
<p>PLAN AWAY! FEED-A-NEED Charitable Services is looking for event organizers to assist with organizing and hosting events. Call Al at 403-975-3525.</p>	<p>SHARE YOUR IDEAS. Calling all new graduates and young professionals specializing in the environment and urban planning! Interested in being part of a Brainstorming Committee for Parks Foundation Calgary? Call Catherine at 403-974-0751.</p>
<p>HUMAN HELPERS. Gain valuable professional volunteer experience in the human services field with the Distress Center of Calgary. Next training group February 2010! Call Chloe at 403-266-1634.</p>	<p>LOVE TO RUN? The Arthritis Society is seeking an inspiring, experienced runner who can work with participants in the Joints in Motion program. Call Melinda at 403-228-2571.</p>
<p>KEEP A ROOF OVER A HEAD. McMan Youth, Family & Community Services is currently seeking individuals/ families who are interested in taking teens into their homes to prevent homelessness. Call Maggie at 403-508-0442.</p>	<p>GEEK SQUAD. Computer tutors are needed to teach individuals with special needs and seniors basic, moderate and some advanced computer skills through the Ability Society. Call Morgan at 403-262-9445 ext: 111.</p>
<p>SANDWICH CONNOISSEURS. A group or several groups are needed to make sandwiches at Calgary Alpha House Society to supplement their limited shelter food program. Call David at 403-237-8341.</p>	<p>USE YOUR SKILLS! The Alliance to end Violence needs a volunteer to assist with administrative tasks during regular office hours. Call Barb at 403-283-3013 ext: 229.</p>

HUNDREDS of non-profit organizations. HUNDREDS of great causes. HUNDREDS of ways to get involved.

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