

**Volunteer  
calgary**



the value of one... the power of many.

## Weekly Volunteer Highlights

[www.volunteercalgary.ab.ca](http://www.volunteercalgary.ab.ca)

### WEEK OF NOVEMBER 9

<p><b>A HOME FOR THE HOLIDAYS?</b> Help the <b>Calgary Homeless Foundation</b> through their Project Homeless Connect. Assist with their Event on Nov 21. Apply through <a href="http://www.calgaryhomeless.com/main/page.php?page_id=48">http://www.calgaryhomeless.com/main/page.php?page_id=48</a></p>	<p><b>RESEARCH ASSISTANTS WANTED!</b> The <b>Independent Living Resource Centre of Calgary</b> is looking for volunteers that have savvy Internet skills, can organize up the wazoo and have a creative flair for displaying data. Contact Monique 263-6880 ext: 226</p>
<p><b>SANTA'S HELPERS.</b> In 3 hours you can provide a family of 4 with a Christmas of their very own for the <b>Salvation Army</b>. Call Jessica at 403-410-1123.</p>	<p><b>LOVE TO PLAY GUITAR?</b> Come share the love by teaching immigrant youth one Saturday a month at the <b>Calgary Catholic Immigration Society</b>. No experience required. Call Dana at 403-268-8131.</p>
<p><b>LOVE TOYS?</b> The <b>Women's Centre of Calgary</b> is looking for a Christmas Toy Room Volunteer to sort, stock, wrap and help women select gifts between Dec 8- 22. Call Carolina at (403) 264-1155.</p>	<p><b>HELPING HANDS.</b> Imagine not being to feed yourself! Receive training to help a resident enjoy their meal at <b>Bethany Calgary</b>. Call Alison at 403-284-6047.</p>
<p><b>FOOD FOR THE HOLIDAYS!</b> Help <b>Calgary Family Services</b> to put food on the tables of less fortunate and struggling families by organizing and packing food hampers. Call Philip at 403-472-8189.</p>	<p><b>LISTEN UP.</b> The <b>Distress Centre</b> needs volunteers to answer the Teen Line and provide peer support and information to youth and families in crisis. Call Ashika at 403-266-1601.</p>
<p><b>CRISIS VOLUNTEERS.</b> A volunteer is needed to provide crisis line support to Frontline Counselors for the <b>YWCA Sheriff King Home</b>. Call Christine at 403- 294-3663.</p>	<p><b>LOVE KIDS?</b> <b>Boys and Girls Club of Calgary</b> needs a volunteer to look after children on the first Tuesday and Wednesday of each month. Call David at 403-520-1548.</p>
<p><b>SPECIAL EVENTS SPECIALISTS!</b> <b>Calgary Inter-Faith Food Bank Society</b> needs help with a number of special events throughout the holiday season. Contact Beth at 403-253-2059.</p>	<p><b>WEB WIZARD?</b> <b>We Did It School Age-Care</b> is looking for someone like you to help with the maintaining their page. Call Ryan at 403-663-0742.</p>
<p><b>HANDY HELPERS.</b> Do you enjoy working with your hands? <b>AIDS Calgary</b> needs a handyperson to complete various jobs around the office. Call Nikhat at 403-508-2500.</p>	<p><b>DOGGY DAYCARE.</b> <b>Alberta Guide Dog Services</b> is looking for someone to provide a home for a pup and help with training &amp; socialization. Contact Donna at 403-612-7878.</p>
<p><b>LOVE CRAFTS?</b> <b>LINKages</b> is looking for someone to put together kits needed for student training along with craft prep for projects. Call Erin at 403-249-0853.</p>	<p><b>GO GREEN.</b> <b>Carewest George Boyack</b> needs volunteers to assist with cleaning and preparing recyclables for recycling for the Food Services department. Call Debby at 403-267-2750.</p>
<p><b>DOWN MEMORY LANE.</b> Spend time with seniors in the Memory Care Program at <b>Metropolitan Calgary Foundation</b> by playing cards, reading, and assisting with outings. Call Emily at 403- 567-5318.</p>	<p><b>ESL GURU.</b> <b>Calgary Catholic Immigration Society</b> is looking for someone to volunteer at Forest Lawn Library to work in a learning circle format with Vietnamese Seniors. Call Carolyn at 403-290-5756.</p>
<p><b>BORED?</b> <b>Calgary Community Network</b> is looking for someone to assist their secretary with minutes/notes of board meetings and attend monthly board meetings. Email Larry at <a href="mailto:volunteer@calcna.ab.ca">volunteer@calcna.ab.ca</a></p>	<p><b>KITTY KARE.</b> Love helping kittens? <b>Meow Foundation</b> needs a coordinator to set up new foster homes. Call Paula at 403-230-6033 ext.7 or at <a href="mailto:volunteer@meowfoundation.com">volunteer@meowfoundation.com</a>.</p>
<p><b>CALLING ALL ELVES!</b> <b>Calgary Family Services</b> is looking for cheerful volunteers to help deliver Christmas Hampers to low-income seniors this Christmas season. Contact Brenda at 403-286-1811 / <a href="mailto:brendae@calgaryfamily.org">brendae@calgaryfamily.org</a>.</p>	<p><b>IT'S CHRISTMAS TIME.</b> <b>Heritage Park Historical Village</b> needs volunteers for indoor and outdoor positions from Nov.21st to Dec.20<sup>th</sup>. Call Bonnie at 403-268-8563 or <a href="mailto:bpritchard@heritagepark.ab.ca">bpritchard@heritagepark.ab.ca</a>.</p>
<p><b>BE A MENTOR.</b> <b>Momentum</b> is developing a mentorship program for adult learners and is looking for mentors who have a variety of business skills. Contact Cara at 403-204-2681/<a href="mailto:carar@momentum.org">carar@momentum.org</a>.</p>	<p><b>BLACKJACK!</b> <b>Easter Seals Alberta</b> is looking for volunteers to help with their first ever casino on Dec.3rd and 4th. Call Anna at 403-949-3818 ext.22.</p>

**HUNDREDS of non-profit organizations. HUNDREDS of great causes. HUNDREDS of ways to get involved.**

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